

SEW-ON-THE-LINE™

General Instructions

CUTTING

An 11" x 8½" rectangle will work for all templates. Cut with the 11" width on the crosswise grain and the 8½" width on the lengthwise grain of the fabric. For some templates this cut size can be smaller. A minimum size is given for each template. Up to 4 rectangles can be cut from one fat quarter of fabric. If your fat quarter is narrower than 22", cut the rectangles smaller when possible.

PRINTING TEMPLATES

Print full-size templates on 8½" x 11" foundation paper. My favorite is a Translucent Vellum from Office Depot, Item #345-854. This comes on a 50 sheet pad with 11" x 17" pages that can be cut in half before feeding through the printer. It is also available in 8½" x 11" pages through their website. When printing the foundations, make sure Do Not Scale or 100% is checked in the Print Dialog box. Measure the Test Square on each page to make sure they printed correctly.

SEWING BASICS

Layer the two fabrics you will be sewing, right sides together with the lighter fabric on top. Press together with a steam iron to remove all wrinkles. Place the paper foundation on top of the lighter fabric and use a few straight pins to secure in place. A pin at each corner and one at the center is sufficient.

Use a 1.5 stitch length, a size 14 needle, and a fine thread such as Aurifil. An open toe walking foot will give best results. Sew on the dashed black lines. Press with a dry hot iron on fabric side to set seams. Protect pressing surface from ink transfer. Cut on the black solid lines. Press the seam to the darker fabric. Remove paper. Some blocks will have additional instructions.

Sewing and cutting directly on the lines will give the most accurate results. Sewing lines on the paper have been adjusted one line width for a scant ¼" seam. This will allow for the fold in the fabric when pressing and will give a more accurate finished block size.

For a scrappy quilt, cut the templates into 2 or more sections and cut smaller fabric pieces to fit each section. Or do a block exchange with your friends, stitch group, or quilt guild.

Note: Do not use steam when pressing until all paper has been removed from the blocks and all bias edge seams have been sewn or secured to a foundation. When not sewing on paper, change needle to size 11 and change stitch length to 2.0 for longer seams.

TWO PATCH

1. Cut and layer light and dark fabrics, right sides together. Press with steam iron.
2. Place paper foundation on top of light. Pin in place.
3. Sew on all dashed black lines.
4. Press with a dry hot iron on fabric side to set seams.
5. Cut on all black solid lines.
6. Press seam to dark.
7. Remove paper.

FOUR PATCH

1. Cut and layer light and dark fabrics, right sides together. Press with steam iron.
2. Place paper foundation on top of light. Pin in place.
3. Sew on all dashed black lines.
4. Press with a dry hot iron on fabric side to set seams.
5. Cut on all black solid lines.
6. Press seam to dark.
7. Remove paper.
8. Layer 2 blocks with dark sides opposite and seams nestled together.
9. Sew a ¼" seam with the open end of the previous seam facing the needle.
10. Trim seam allowance on smaller block sizes to 3/16".
11. Open seam at center and press clockwise from back side, counterclockwise from front.

RAIL FENCE

1. Cut and layer light and dark fabrics, right sides together. Press with steam iron.
2. Place paper foundation on top of light. Pin in place.
3. Sew on all dashed black lines.
4. Press with a dry hot iron on fabric side to set seams.
5. Cut on all black solid lines.
6. Press seam to dark.
7. Sew 2 units together on red dashed line with light and dark opposite.
8. Press seam to light.
9. Remove paper.

TWO PATCH CIRCLE

1. Cut and layer light and dark fabrics, right sides together. Press with steam iron.
2. Place paper foundation on top of light. Pin in place.
3. Sew on all dashed black lines.
4. Press with a dry hot iron on fabric side to set seams.
5. Cut on all black solid lines. Use scissors to cut curved lines.
6. Clip triangle corners from seam ends to eliminate bulk.
7. Remove paper from seam allowance.
8. Press seam open.
9. Remove remaining paper.
10. Print circle template onto Wash-Away Applique sheet.
11. Cut out circles on the black solid line.
12. Center and iron to wrong side of pieced fabric circles, matching green lines with seams.
13. Hand sew gathering stitch around fabric circle ⅛" from raw edge. (Or use a washable glue stick and toothpick to turn seam under, easing in fullness.)
14. Pull stitches to fit around Wash-Away Applique template.
15. Machine or hand applique to desired background.

Tip: For faster sewing, chain sew multiple pages at the same time.

FOUR PATCH CIRCLE

1. Cut and layer light and dark fabrics, right sides together. Press with steam iron.
2. Place paper foundation on top of light. Pin in place.
3. Sew on all dashed black lines.
4. Press with a dry hot iron on fabric side to set seams.
5. Cut on all black solid lines. Use scissors to cut curved lines.
6. Remove paper from seam allowance.
7. Press seam open.
8. Remove remaining paper.
9. Layer 2 blocks with dark sides opposite and seams aligned.
10. Sew a ¼" seam. Trim seam allowance on smaller block sizes to 3/16".
11. Clip triangle corners from seam ends to eliminate bulk.
12. Press seam open.
13. Print circle template onto Wash-Away Applique sheet.
14. Cut out circles on the black solid line.
15. Center and iron to wrong side of pieced fabric circles, matching green lines with seams.
16. Make gathering stitch around fabric circle ⅛" from raw edge. (Or use a washable glue stick and toothpick to turn seam under, easing in fullness.)
17. Pull stitches to fit around Wash-Away Applique template.
18. Machine or hand applique to desired background.

HALF-SQUARE TRIANGLE

1. Cut and layer light and dark fabrics, right sides together. Press with steam iron.
2. Place paper foundation on top of light. Pin in place.
3. Sew on all dashed black lines.
4. Press with a dry hot iron on fabric side to set seams.
5. Cut on all black solid lines.
6. Press seam to dark.
7. Remove paper.

SPLIT TRIANGLES

1. Cut and layer light and dark fabrics, right sides together. Press with steam iron.
2. Place paper foundation on top of light. Pin in place.
3. Sew on all dashed black lines.
4. Press with a dry hot iron on fabric side to set seams.
5. Cut on all black solid lines.
6. Cut on all red solid lines.
7. Press seam to dark or open.
8. Remove paper.

Note: Some of the templates require borderless printing. If your printer does not have this option the templates will still work. Simply use a ruler to measure over the distance of the block width to cut. In most cases it will just be one line that is missing. To choose borderless printing go to Page Setup, Format for the printer you are using and select Paper Size - click on the arrow to choose US Letter (borderless), Orientation - Landscape, Scale - 100%. Under Printer go to Borderless Printing and set Amount of Extension to Minimum. Different printers may have other settings.

THREE-PATCH TRIANGLE

1. Cut and layer light and dark fabrics, right sides together. Press with steam iron.
2. Place paper foundation on top of light. Pin in place.
3. Sew on all dashed black lines.
4. Press with a dry hot iron on fabric side to set seams.
5. Cut on all black solid lines.
6. Press seam to dark.
7. Cut fabric squares for corner triangles $\frac{1}{2}$ the finished block size plus $\frac{1}{2}$ ".
8. Place squares on corner of light fabric, right sides together.
9. Sew on red dashed line.
10. Cut on red solid line.
11. Press to dark.
12. Remove paper.

QUARTER-SQUARE TRIANGLE

1. Cut and layer light and dark fabrics, right sides together. Press with steam iron.
2. Place paper foundation on top of light. Pin in place.
3. Sew on all dashed black lines.
4. Press with a dry hot iron on fabric side to set seams.
5. Cut on all black solid lines.
6. Clip seam at center red line, remove paper from seam allowance, and press clockwise from back side, counterclockwise from front.
7. Layer 2 blocks with dark sides opposite and seams nestled together. Remove paper from back side and place on front.
8. Sew on red dashed lines with open end of seam facing needle.
9. Cut on red solid lines.
10. Remove paper.
11. Open seam at center and press in same direction as Step 6.

QUARTER HEXAGON (Paper Lantern)

1. Cut and layer light and dark fabrics, right sides together. Press with steam iron.
2. Place paper foundation on top of light. Pin in place.
3. Sew on all dashed black lines. (Leave some units left unsewn to finish side edges.)
4. Press with a dry hot iron on fabric side to set seams.
5. Cut on all black solid lines.
6. Press seam to dark.
7. Sew units together horizontally on red dashed line before removing paper.

TWO PATCH RECTANGLE (Paper Lantern)

1. Cut and layer light and dark fabrics, right sides together. Press with steam iron.
2. Place paper foundation on top of light. Pin in place.
3. Sew on all dashed black lines.
4. Press with a dry hot iron on fabric side to set seams.
5. Cut on all black solid lines.
6. Press seam to dark.
7. Remove paper. Half units will finish side edges.

GRANDMOTHER'S FAN

1. Cut and layer light and dark fabrics, right sides together. Press with steam iron.
2. Place paper foundation on top of light. Pin in place.
3. Sew on all dashed black lines.
4. Press with a dry hot iron on fabric side to set seams.
5. Cut on all black solid lines. Use scissors to trim curves. Trim seam allowance on smaller block sizes to $\frac{3}{16}$ ".
6. Press seams open. (Tip: Press seams to side until groups of pairs are sewn together to help keep paper in place.)
7. Sew pairs together in sets of 3, remove paper, and press all seams open.
8. Stay-stitch top edge. Baste bottom edge with a scant $\frac{1}{4}$ " seam.
9. Clip triangle corners from seam ends to eliminate bulk.
10. Turn under $\frac{1}{4}$ " on bottom edge along basting and press. Remove basting.
11. Use applique pins or glue dots to secure to background square. (Fold square diagonally for guideline for centering.)
12. Hand or machine applique bottom edge. Insert trim such as lace or ric-rac under edge before sewing if desired.
13. Print quarter circle template onto Wash-Away Applique sheet.
14. Cut out quarter circles on the black solid lines.
15. Iron to wrong side of fabric, leaving at least $\frac{1}{2}$ " between each for seam allowance.
16. Use a rotary cutter and ruler to add $\frac{1}{4}$ " to straight edges. Use scissors to cut curved edge estimating a $\frac{1}{4}$ " seam.
17. Use a washable glue stick and toothpick to turn curved seam under, easing in fullness.
18. Use applique pins or glue dots to position at corner of block.
19. Hand or machine applique curved edge.

DRESDEN PLATE

1. Cut and layer light and dark fabrics, right sides together. Press with steam iron.
2. Place paper foundation on top of light. Pin in place.
3. Sew on all dashed black lines. Backstitch at heavy green solid line.
4. Press with a dry hot iron on fabric side to set seams.
5. Cut on all black solid lines.
6. Press seams open. (Tip: Press seams to side until groups of pairs are sewn together to help keep paper in place.)
7. Sew pairs together on red dashed line, backstitching at heavy green solid line.
8. Sew 4 groups of 4 together to complete circle.
9. Remove paper before pressing all seams open.
10. Press $\frac{1}{4}$ " under on raw edge (heavy green solid line).
11. Use applique pins or glue dots to secure to background square. (Fold square horizontally and vertically to make guidelines for centering.)
12. Hand or machine applique fan blades to background square.
13. Print circle template onto Wash-Away Applique sheet.
14. Cut out circles on the black solid lines.
15. Iron to wrong side of fabric, leaving at least $\frac{1}{2}$ " between each for seam allowance.
16. Use scissors to cut out fabric circles, estimating a $\frac{1}{4}$ " seam.
17. Use a washable glue stick and toothpick to turn curved seam under, easing in fullness.
18. Use applique pins or glue dots to position in center of block.
19. Hand or machine applique curved edge.